

MORE ABOUT HENNA

* Henna has been used for thousands of years and has many healing properties.

* Henna has been used as a medicinal treatment for a range of ailments.

* Henna is known to have a cooling attribute, for this reason it is great to be used in hot climates, and on sealed wounds or burns. So the best time to henna your hair is in the middle of the day.

* The women of the deserts would put henna on the palms of their hands and the soles of their feet for cooling. Traditionally, henna is used to adorn the hands and feet of women for celebrations such as weddings and pregnancy, it is used for this, because it is believed to clear away negative energy and bring harmony to the self.

* HENNA IS A NATURAL PRODUCT. IT IS VERY RARE FOR HENNA TO CAUSE ANY SKIN IRRITATION. BUT IF YOU HAVE SENSITIVE SKIN OR YOU ARE NOT SURE, DO A PATCH TEST ON YOUR SKIN FIRST, JUST TO MAKE SURE.

* IF YOU ARE APPLYING THE HENNA TREE HERBAL HAIR COLOURS OR CASSIA CONDITIONING TREATMENT FOR THE FIRST TIME, YOU SHOULD DO A SWATCH TEST OF YOUR HAIR FIRST. ESPECIALLY IF YOUR HAIR IS CHEMICALLY DYED OR PEROXIDE BLEACHED.

Let the henna come to you!

THE HENNA TREE can send you henna wherever you are, so you can continue to have luscious, healthy and vibrantly coloured hair.

Giving you the colour of joy!

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* Henna Artist for Events,
Private Appointments & Creative Photography

* Natural Hair Colour Range & Body Art Kits

* Moon Cups for women's cycle
&

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THE HENNA TREE



THE COLOUR OF JOY

WHAT IS HENNA?

Henna or Mehendi is a tall, shrub-like plant, *Lawsonia Inermis*. The henna plant grows in hot, dry climates, mostly cultivated in India, Egypt, Sudan, Northern Africa, The Middle East and also in Australia's North West (although not native to Australia). The leaves are harvested, dried and ground into a powder, which is then used for body art and natural hair colouring.

Henna for hair colouring gives vibrant shades of red, when mixed with other herbs such as INDIGO (natural blue-black colour) and CASSIA (neutral/clear/conditioning) then creates different shades.

THE HENNA TREE sources all these wonderfully healthy hair colouring herbs from Northern India, where they are naturally grown and mixed especially for us. These herbs come in a powder form all the way to Broome, Western Australia, where they are tested, packed and then ready for you to discover in your local health food store or market.

Enjoy being naturally a part of nature's way.

HENNA FOR HAIR COLOURING

AMOUNT NEEDED FOR:
SHORT HAIR- 50G
MEDIUM HAIR – 100G
LONG HAIR – 150 – 200G

HENNA WILL COVER GREY HAIR, BUT MAY BE LIGHTER TONE THAN THE REST OF THE HAIR.

Henna is a natural dye, which colours hair differently to chemical dye. Henna coats the hair, colouring over your hair strands enhancing the existing colour, giving your hair different shades and depth, resulting in a multi-tone effect. Henna won't change the colour of your hair if you wish to go lighter. Henna will change the colour of your hair if you wish to go darker. Henna will colour everyone's hair slightly different, as everyone has different colour pigments, you will have your own unique shade.

If your hair is GREY, BLONDE OR LIGHT BROWN and you are using DARK BROWN or BLACK NIGHT INDIGO for the FIRST TIME, make sure you do a hair sample test or use Rich Auburn (pure red henna) first. You will need to apply the Rich Auburn henna for 2hrs, then wash out and apply Dark Brown or Black Night for 3-6hrs.
*** Very light hair sometimes needs a red pigment to prevent it getting a blue-green tint.**

HENNA FOR CONDITIONING

Henna is used as a treatment to replenish your hair by conditioning, giving it body and shine. If you do not want to colour your hair, you can use neutral cassia just to give your hair a little extra health without changing the colour.

BE A KITCHEN WITCH

You can be creative with your henna mix, by adding your favourite essential oils (lavender, eucalyptus or cajeput are perfect to mix with henna) and spices like ground cinnamon and nutmeg.

* For extra conditioning and shine add one tbsp of olive or coconut oil and one raw beaten egg.

* Add half a lemon's juice to enhance red tones.

When you have all your chosen ingredients, mix them all together in a bowl with hot water (not boiling), or brew a pot of black tea to enhance red tones or coffee for brown tones. Pour the liquid little by little until you get the consistency of a chocolate cake. The consistency must be able to go easily into your hair, without being too dry and stiff or too runny.

Now leave the mix covered, for an hour or until you can see the dye release on the top (overnight is great).

Mix again really well before applying.

* Apply henna to clean hair. Washed only with shampoo. **NO CONDITIONER**, as this will prevent the colour grabbing to the hair.

You can oil your hands and skin around your hairline, so the henna doesn't stain your skin. Leave the henna in for 2-6hrs. The longer you leave the henna in for the more intense and deeper colour you will have. You can cover your hair with a shower cap or wrap a plastic shopping bag and then a scarf over your head. The more heat and moisture = the more colour.

Wash out in the shower or in the ocean if you can! (The salt water seals the colour and it's less messy).

The colour will settle in about 2-3days and will start to fade after a few weeks.

Continue to use henna every month to build up the colour & health of your hair.

* Un-mixed henna can be kept in an airtight bag in a cool dark place.

THE HENNA TREE HAIR COLOUR RANGE

NEUTRAL - clear conditioning treatment

MANGO MOON - light copper

RICH AUBURN - vibrant rusty copper

DEEP COPPER RED - deep copper red

GOLDEN BROWN – light golden brown

BROWN OCHRE - chestnut brown

DARK BROWN - dark brown

BLACK NIGHT – indigo blue black

IMPORTANT

Always perform a hair sample test before applying any chemicals to your newly hennaed hair. This includes commercial dyes, perming solutions and peroxide bleaches.